


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div style="border: 1px solid black; padding: 5px;"> <p align="center"><b>Calendar Room Key</b></p> <p>BR = Billiards Room            CB = Club Room            FC = Fitness Center            R1 = Conference Room 1            R2 = Conference Room 2            R3 = Conference Room 3            R12 = Conference Rooms 1 &amp; 2            R23 = Conference Rooms 2 &amp; 3            R123 = Conference Rooms 1, 2, &amp; 3            CPL = Center Parking Lot</p> </div>		<p><b>Center Telephone:</b> 540-371-4452  <b>Website:</b> www.fallsrun.org  <b>Indoor Pool Hours:</b>            Center Hours*  <i>*closes ½ hour before the Center</i></p> <p><b>Family Swim Time:</b> 1PM - 5PM daily</p> <p><b>Center Hours</b>            Monday – Friday: 6AM - 10PM            Saturday: 7AM - 9PM            Sunday (1st &amp; 3rd): 8AM - 9PM            Sunday (2nd &amp; 4th &amp; 5th): 8AM - 5 PM</p>		<p>7:30 Water Aerobics            8:45 Strength Training (R123)            10:00 Pickleball            10:00 Watercolor Class (R1)            11:00 Yoga w/Evelyn (R3)</p> <p>12:00 Chair Yoga w/Evelyn (R3)            1:00 FR Singers            1:00 Canasta (CR &amp; BR)  <b>1:00 Covenants Committee Mtg (R1)</b>            7:00 Pinochle (BR)            7:00 French Club FILM (R3)</p>	<p>7:30 Water Aerobics            8:30 Yoga (R123)            9:00 Water Aerobics            10:00 Qi Gong (R23)            10:30 Tai Chi (R23)            10:30 Women's Billiards (BR)</p> <p>12:00 Circuit Training (FC)            2:00 Ping Pong (R3)            4:00 Veranda Social</p>	<p>7:30 Water Aerobics            8:00 Morning Social (R1)            9:00 Tennis</p> <p>12:00 Pickleball  <b>1:00 Meet the Candidates</b>            6:30 Game Night (CR &amp; BR)</p>
4	5	6	7	8	9	10
<p>2:00 Mexican Train (BR)            6:30 Bingo (R123)</p>	<p>7:30 Water Aerobics            8:30 Yoga (R123)            9:00 Tennis            9:00 Water Aerobics  <b>9:30 Gazette Committee Mtg (R1)</b>            10:00 Qi Gong (R23)            10:30 Tai Chi (R23)            10:30 Women's Billiards (BR)</p> <p>12:00 Circuit Training (FC)            1:00 Bridge (BR)            2:00 Needlers (R1)            4:00 Line Dancing (R3)            6:30 Canasta (CR &amp; BR)            7:00 Bunco (BR)            7:00 Pickleball</p>	<p>7:30 Water Aerobics            8:45 Strength Training (R123)            9:00 FROGS at The Gauntlet  <b>10:00 Social Committee Mtg (R1)</b>            10:00 Pickleball  <b>10:30 FRCA Finance Committee Mtg (R2)</b></p> <p>11:30 Yoga w/Evelyn (R2)</p> <p>12:30 Chair Yoga w/Evelyn (R2)            1:00 Cancer Patient Support Group (R1)            1:00 Mahjong (BR)            1:00 Ping Pong (R3)  <b>1:30 Center Committee Mtg (R2)</b>            2:00 Art Workshop (R1)            6:00 Canasta (CR)  <b>6:00 Potluck (R123)</b>            6:30 Pool Sharks (BR)</p>	<p>7:30 Water Aerobics            8:00 Yoga (R123)            9:00 Zumba (R3)            9:00 Water Aerobics            10:00 Bocce            10:00 Qi Gong (R23)  <b>10:00 Property &amp; Grounds Committee Mtg (R1)</b>            10:30 Tai Chi (R23)</p> <p>12:00 Fit-Life w/Denise (R3)  <b>12:00 Travel Committee Mtg (R1)</b>            1:00 Scrabble (BR)  <b>1:00 Communications Committee Mtg (R2)</b>            2:00 IMPROV (R1)            2:00 Wii Bowling (R3)            5:00 Duplicate Bridge (R3)            6:30 Shanghai (CR)            7:00 Tennis</p>	<p>7:30 Water Aerobics            8:45 Strength Training (R123)            10:00 Pickleball            10:00 Watercolor Class (R1)            11:00 Yoga w/Evelyn (R3)</p> <p>12:00 Chair Yoga w/Evelyn (R3)            1:00 Canasta (CR &amp; BR)            1:00 Falls Run Singers            7:00 Pinochle (BR)            7:00 NARFE Mtg (R23)</p>	<p>7:30 Water Aerobics            8:30 Yoga (R123)            9:00 Water Aerobics            10:00 Qi Gong (R23)            10:30 Tai Chi (R23)            10:30 Women's Billiards (BR)</p> <p>12:00 Circuit Training (FC)            2:00 Ping Pong (R3)            4:00 Veranda Social            7:00 Movie Night (R3)</p>	<p>7:30 Water Aerobics            8:00 Morning Social (R1)            9:00 Tennis  <b>10:00 New Comer's Coffee Social</b></p> <p>12:00 Pickleball  <b>6:00 International Dinner</b>            6:30 Game Night (CR &amp; BR)</p>
11	12	13	14	15	16	17
<p>2:00 Mexican Train (BR)  <b>2:00 Veteran's Day Ceremony (R123)</b></p>	<p>7:30 Water Aerobics            8:30 Yoga (R123)            9:00 Tennis            9:00 Water Aerobics            10:00 Qi Gong (R23)  <b>10:00 Modifications Committee Mtg (R1)</b>            10:30 Tai Chi (R23)            10:30 Women's Billiards (BR)</p> <p>12:00 Circuit Training (FC)            1:00 Bridge (BR)            2:00 Needlers (R1)            4:00 Line Dancing (R3)            6:30 Canasta (CR &amp; BR)            7:00 Bunco (BR)            7:00 Pickleball  <b>7:00 Villas Annual Mtg (R23)</b></p>	<p>7:30 Water Aerobics            8:45 Strength Training (R123)            9:00 FROGS at The Gauntlet            10:00 Pickleball            10:00 Lion's BoD Mtg (R2)            11:00 Chronic Illness Caregiver Support Group (R1)            11:30 Yoga w/Evelyn (R2)</p> <p>12:30 Chair Yoga w/Evelyn (R2)            1:00 Mahjong (BR)            1:00 Ping Pong (R3)            2:00 Art Workshop (R1)            2:00 Garden Grunts (R2)            6:00 Canasta (CR &amp; BR)            6:30 Pool Sharks (BR)            6:30 Women's Poker (R1)            7:00 Catholic Group (R3)</p>	<p>7:30 Water Aerobics            8:00 Yoga (R123)            9:00 Zumba (R3)            9:00 Water Aerobics            10:00 Bocce            10:00 Qi Gong (R23)            10:30 Tai Chi (R23)</p> <p>12:00 Fit-Life w/Denise (R3)            12:00 Circuit Training (FC)            1:00 Scrabble (BR)            2:00 Wii Bowling (R3)            2:30 Concierge Meeting (R1)</p> <p>6:30 Shanghai (CR)            7:00 Tennis  <b>7:00 FRCA Board Mtg (R123)</b></p>	<p>7:30 Water Aerobics            8:45 Strength Training (R123)            10:00 Pickleball            10:00 Watercolor Class (R1)            11:00 Yoga w/Evelyn (R3)</p> <p>12:00 Chair Yoga w/Evelyn (R3)            1:00 Canasta (CR &amp; BR)            1:00 Falls Run Singers (R3)  <b>3:00 Villas Finance Committee Mtg (R2)</b>  <b>3:30 Nashville Pre-Depart Meeting (R23)</b>            7:00 Pinochle (BR)            7:00 French Club (R3)</p>	<p>7:30 Water Aerobics            8:30 Yoga (R123)            9:00 Water Aerobics            10:00 Qi Gong (R23)            10:30 Tai Chi (R23)            10:30 Women's Billiards (BR)</p> <p>12:00 Circuit Training (FC)            2:00 Ping Pong (R3)            4:00 Veranda Social            6:30 Friday Night Dance Social (R23)</p>	<p>7:30 Water Aerobics            8:00 Morning Social (R1)            9:00 Tennis  <b>9:00 AARP Driving Class (R23)</b></p> <p>12:00 Pickleball            6:30 Game Night (CR &amp; BR)</p>
18	19	20	21	22	23	24
<p>2:00 Mexican Train (BR)            6:30 Bingo (R123)</p>	<p>7:30 Water Aerobics            8:30 Yoga (R123)            9:00 Tennis            9:00 Water Aerobics  <b>10:00 Villas Covenants Committee Mtg (R1)</b>            10:00 Qi Gong (R23)            10:30 Tai Chi (R23)            10:30 Women's Billiards (BR)</p> <p>12:00 Circuit Training (FC)            1:00 Bridge (BR)            1:00 Genealogy Group (R1)            2:00 Needlers (R1)  <b>3:00 Board Agenda Prep Mtg (R2)</b>            4:00 Line Dancing (R3)            6:30 Canasta (CR &amp; BR)            7:00 Bunco (BR)            7:00 Pickleball            7:00 Book Discussion Group</p>	<p>7:30 Water Aerobics            8:45 Strength Training (R123)            9:00 FROGS at The Gauntlet            10:00 Pickleball            11:30 Yoga w/Evelyn (R2)</p> <p>12:30 Chair Yoga w/Evelyn (R2)            1:00 Mahjong (BR)            1:00 Ping Pong (R3)            2:00 Art Workshop (R1)            6:00 Canasta (CR &amp; BR)            6:30 Pool Sharks (BR)            6:30 Women's Poker (R1)</p>	<p>7:30 Water Aerobics            8:00 Yoga (R123)            9:00 Zumba (R3)            9:00 Water Aerobics            10:00 Bocce            10:00 Qi Gong (R23)            10:30 Tai Chi (R23)</p> <p>12:00 Fit-Life w/Denise (R3)            12:00 Circuit Training (FC)            1:00 Scrabble (BR)            2:00 IMPROV (R2)            2:00 Wii Bowling (R3)            5:00 Duplicate Bridge (R3)            6:30 Shanghai (CR)            7:00 Tennis</p>	 <p><b>CENTER CLOSED</b></p>	<p>7:30 Water Aerobics            8:30 Yoga (R123)            9:00 Water Aerobics            10:00 Qi Gong (R23)            10:30 Tai Chi (R23)            10:30 Women's Billiards (BR)</p> <p>12:00 Circuit Training (FC)            12:30 Falls Run Readers (R2)            2:00 Ping Pong (R3)            4:00 Veranda Social            7:00 Movie Night (R3)</p>	<p>7:30 Water Aerobics            8:00 Morning Social (R1)            9:00 Tennis</p> <p>12:00 Pickleball            6:30 Game Night (CR &amp; BR)</p>
25	26	27	28	29	30	
<p>2:00 Mexican Train (BR)</p>	<p>7:30 Water Aerobics            8:30 Yoga (R123)            9:00 Tennis            9:00 Water Aerobics            10:00 Qi Gong (R23)            10:30 Tai Chi (R23)            10:30 Women's Billiards (BR)</p> <p>12:00 Circuit Training (FC)            12:00 Gazette Stuffing (R1)            1:00 Bridge (BR)            2:00 Needlers (R1)            4:00 Line Dancing (R3)            6:30 Canasta (CR &amp; BR)            7:00 Pickleball</p>	<p>7:30 Water Aerobics            8:45 Strength Training (R123)            9:00 FROGS at The Gauntlet            10:00 Pickleball            11:30 Yoga w/Evelyn (R2)</p> <p>12:30 Chair Yoga w/Evelyn (R2)            1:00 Mahjong (BR)            1:00 Ping Pong (R3)            2:00 Art Workshop (R1)            6:00 Canasta (CR &amp; BR)            6:30 Pool Sharks (BR)            6:30 Women's Poker (R1)</p>	<p>7:30 Water Aerobics            8:00 Yoga (R123)            9:00 Zumba (R3)            9:00 Water Aerobics            10:00 Bocce            10:00 Qi Gong (R23)            10:30 Tai Chi (R23)            11:00 Widow &amp; Widowers Support Group (R1)</p> <p>12:00 Fit-Life w/Denise (R3)            12:00 Circuit Training (FC)            1:00 Scrabble (BR)            2:00 Wii Bowling (R3)            5:00 Duplicate Bridge (R3)            6:30 Shanghai (CR)            7:00 Tennis</p>	<p>7:30 Water Aerobics            8:45 Strength Training (R123)            10:00 Pickleball            10:00 Watercolor Class (R1)            11:00 Yoga w/Evelyn (R3)</p> <p>12:00 Chair Yoga w/Evelyn (R3)            1:00 Canasta (CR &amp; BR)            1:00 Falls Run Singers (R3)            7:00 Pinochle (BR)</p>	<p>7:30 Water Aerobics            8:30 Yoga (R123)            9:00 Water Aerobics            10:00 Qi Gong (R23)            10:30 Tai Chi (R23)            10:30 Women's Billiards (BR)</p> <p>12:00 Circuit Training (FC)            12:30 Falls Run Readers (R2)            2:00 Ping Pong (R3)            4:00 Veranda Social</p>	

**General Manager:** Dominic Klepic (540-899-9958)  
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**Maintenance Technician:** Shawn Phipps  
[Shawn.Phipps@fsresidential.com](mailto:Shawn.Phipps@fsresidential.com)

**Calendar submission deadline is the 5th of each month.**  
 Email calendar items to [lara.lewis@fsresidential.com](mailto:lara.lewis@fsresidential.com)

**Steve Beasley**  
**Certified Personal Trainer**  
 CUSTOMIZED TRAINING FOR YOUR PERSONAL GOALS

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 2002 Marchine Corps Marchathon Finisher

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# Falls Run Activities

Falls Run activities are open to all residents. Contact information is available from the **concierge (540-371-4452)** and at **fallsrun.org**.

## Social Events

(All Social Events that sell out will have a waitlist. If you are interested, but find that it is currently sold out, please sign up on the waitlist so that you can be contacted should a resident be unable to attend and need to resell their ticket.)

### International Dinner & Comedian D.T. Owens

**Saturday • November 10 • 6 – 9pm • \$15 pp • BYOB • 50/25/25 Raffle  
Sign-ups end November 3**

BYOB and a dish to share for 6-8 people from your country of origin. This event is always a crowd pleaser! Be sure to let the concierge know the country your dish will represent when signing up!

### Holiday Gala

**Monday • December 10 • 5 – 10pm • \$55 pp • The Old Silk Mill  
Cash Bar  
Sign-ups end December 1**

Join us for the holiday event everyone looks forward to – this year, at a brand-new venue for Falls Run! A scrumptious catered meal from A Taste of Elegance. Two bottles of wine per table plus a cash bar. Dance the night away to the music of Michael Wheelehan. Be sure to get your keepsake photo of you and your date and/or your entire group. Round-trip transportation is in the works and will be announced once we're able to get the details together. Stop by the center or look at the bi-weekly updates to see the menu.

### Holiday Open House

**Sunday • December 16 • 2 – 4pm • FREE • MUST REGISTER TO ATTEND  
Sign-ups end December 10**

Join us for heavy hors d'oeuvres provided by Catering by Darlene and fellowship with your neighbors at Falls Run. This event is open to RESIDENTS ONLY and you must register to attend.

### New Year's Eve Party

**Monday • December 31 • 8 – 12:15am • \$12pp • BYOB  
Champagne Toast!  
Sign-ups November 15 – December 24**

Ring in 2019 with your friends. Dance to music played by the Made in the USA Band. See yourself in pictures from the years' Social Committee events. Get lucky and win a door prize. Sip some champagne. BYOB and an appetizer or dessert to share. 50/25/25 Raffle.

## Sideline Fun & Lecture Series

Lots of good stuff in the works, so stay tuned to the Activities Director's updates.

## Other Events

### Meet The Candidates Forum

**Saturday • November 3 • 1 – 3pm • Light refreshments provided  
Sign-ups end November 2**

### Catholic Neighborhood Group

**Tuesday • November 13 • 7:00pm • FREE**

All Residents and guests of any faith or none are always welcome to attend. Have a question as to what Catholics believe and why? Feel free to come ask. We may also have a film on exorcism or life of St. Paul of Tarsus.

For more information, call **Mike Woods** at (540) 373-8590 or email at **teddymikw@verizon.net** or contact **Ann Graf** at (540) 899-0970.

### FROGS – Falls Run Old Golfers Society

**Friday • 9:00am • The Gauntlet Golf Club located off Route 17N.**

For information on joining the FROGS, please contact **Ralph Misener** at (540) 370-1786.

### Falls Run Dance Social

**Friday • November 16 • 6:30pm • \$2.50**

## Book Clubs

### Reading Delights Book Club

**Wednesday • December 19 • 7:00pm • FREE**

Will not meet during month of November.

### Book Discussion Group

**Monday • November 19 • 7:30pm • FREE**

Our November selection for reading and discussion is *News of the World* by Paulette Jiles. This novel follows the journey across Texas of an elderly public news reader with a ten-year old girl recently freed from captivity by the Kiowa Indians in the 1860's. Though he had contracted to return her to her American family, the man grew increasingly fond of her as their journey together progressed, forcing him to consider breaking his contract when she made it clear she did not want to return to a family she scarcely knew. Discussion of this book was originally scheduled for October 15. It was described in greater detail on the October Gazette calendar.

**Contact: Bill Arnst at 374-5566 or wfajda@aol.com**

## Tours and Trips

**Please note all return times are approximate**

(All Tours and Trips that sell out will have a waitlist. If you are interested, but find that it is currently sold out, please sign up on the waitlist so that you can be contacted should a resident be unable to attend and need to resell their ticket. For additional details regarding trips, please see the bulletin board in the Community Center or the bi-weekly Activity Updates from our Activities Director that are typically emailed to residents every other Friday.)

### Hillwood Estate & Museum

**Wednesday • Jan 9 • 8am – 3:30pm • \$80 pp • Limited to 40 Tickets •  
Moderate Activity Level  
Sign-ups November 1 – 30**

FABERGE REDISCOVERED - This special exhibit features the treasures created by the firm of Carl Faberge which have been admired for over a century. The exhibit unveils new discoveries among the 90 plus pieces of jewelry, silver, paintings and 2 Imperial Easter eggs. Included in the cost is a docent tour of the exhibit as well as free time to tour the mansion and gift shop on your own. There will be a buffet luncheon reserved for us with tax and tip included, as well as transportation. Activity level is moderate.

**Questions-Joan Leavitt 540-371-4313**

### Museum of The Bible

**Monday • Jan 28 • 8:30am – 4:00pm • \$46 pp  
Easy Activity Level (walking & standing)  
Sign-ups December 1**

Washington, DC's Museum of the Bible is state-of-the-art favoring experiential and immersive exhibits that feature cultural encounters rich in history, art, architecture, theater and music, all under one roof. Follow the evolution of the Bible from ancient times to the modern era. While you won't have time to see everything, ample time to explore this striking museum on your own is provided. Lunch will be on your own in the on-site Milk & Honey Café or in the Manna restaurant. Cost covers bus, entrance fee and gratuities.

**Questions? Contact Shelley Painter 540-479-1962 shelleypainter@yahoo.com**